

List of Emotions

Helpless	Vulnerable	Content
Hurt	Proud	Jealous
Disgusted	Happy	Relieved
Loved	Tense	Eager
Motivated	Powerful	Rejected
Anxious	Insecure	Comfortable
Relaxed	Angry	Curious
Devastated	Resentful	Safe
Embarrassed	Energetic	Hurt
Inspired	Nervous	Ashamed
Peaceful	Trapped	Overwhelmed
Hopeful	Frustrated	Lonely
Determined	Numb	Worried
Scared	Shocked	Silly
Foolish	Bored	Disdain
Grateful	Rage	Grief
Inadequate	Envious	Supported
Depressed	Annoyed	Joyful